

Welcome back Everyone!

#### ANZAC Day

Thank you to all those students who participated in the ANZAC Day march and commemorative service Tuesday last week. Our students represented HCS well with pride and dignity. An extra special thank you to all students who spoke or played with the band and to Mrs Bartholomew and Ms Cowled for their organisation.

#### **Staffing Changes**

Late last term and this term have seen a few necessary staff changes due to staff taking extended leave.

- Katie Maher is on leave until the end of the year and her classes are being covered by current staff.
- Jim Laurich is on leave for Term 2 and part of Term 3. Mrs Malone has returned to HCS to cover Mr Laurich's classes.
- Rebecca Fitzgerald is on leave until the end of Term 3, with Rebecca Taylor covering her role in the library.
- While Ayisha Johnson is on maternity leave Year 3 will have Mrs Julie Storrier on a Thursday & Friday

 Bodene Colas has just moved to Hillston and joined our teaching staff.
 With the current teacher shortage crisis, we are very lucky to have all these leave positions filled by such wonderful staff.

#### **Extra Curricular Opportunities**

This week some of our Stage 5 secondary students have the chance to participate in a Trade Readiness Program. Thank you to Mrs Waters for the organisation of what is a golden opportunity for our students to gain important skills needed for the work place.

Towards the end of this week we also have 6 students participating in Sydney at a state level for swimming: Jordan, Natasha, Noah, Jessie and Lachlan. We wish them all a personal best time in the pool.

Don't forget our Athletics Carnival Friday next week, the 12<sup>th</sup> May. So far this year it is one carnival win each for our Sporting Houses, I think it is all going to come down participation points this time round.

See you all at the carnival

Ms Ryan

Mark, Andrew, Amrutha and Mia participating in the Trade Readiness Program

## **Upcoming Dates**

May 3—May 5 CHS Swimming Carnival Homebush

> May 9th P & C Meeting

May 10– 11 Mothers Day Stall Lunch Time

May 12th Whole School Athletics Carnival

> May 15—May 19 ACMF Visit



Hillston Central School acknowledges the Wiradjuri people who are the traditional custodians of the lands on which our school is located. We pay our respects to Elders, past, present, and emerging. We extend our respects to all Aboriginal and Torres Strait Island students enrolled in our school. Hillston Central School is committed to honouring Australian Aboriginal and Torres Strait Islander peoples' unique cultural and spiritual relationships to the land, waters and seas.

## Phone Free School for students K-12

As of Term 1 2023 handheld technologies ie mobile phones & watches must not be used by Hillston Central School students while on school grounds. For the purpose of this policy, a mobile phone is a device with access to a cellular (telecommunication) system, with or without a physical connection to a network.

HCS acknowledges that parents may wish students to be in possession of mobile phones for reasons relating to their safety when travelling to and from school or for medical reasons.

Students who choose to bring mobile phones to school must have them switched off and securely stored during school hours. The school has lockers available for hire for students in these situations. The student must take full responsibility for their devices. The school or staff will not be responsible for their loss, theft or damage. Students who bring them to school do so at their own risk.

### Exceptions

• students with a health condition documented in the Student Health Support Plan. managing students offsite, this is at the discretion of the excursion coordinating teacher.

### Breaches of this policy:

If a student interacts with a device or staff observe a device being used during school time:

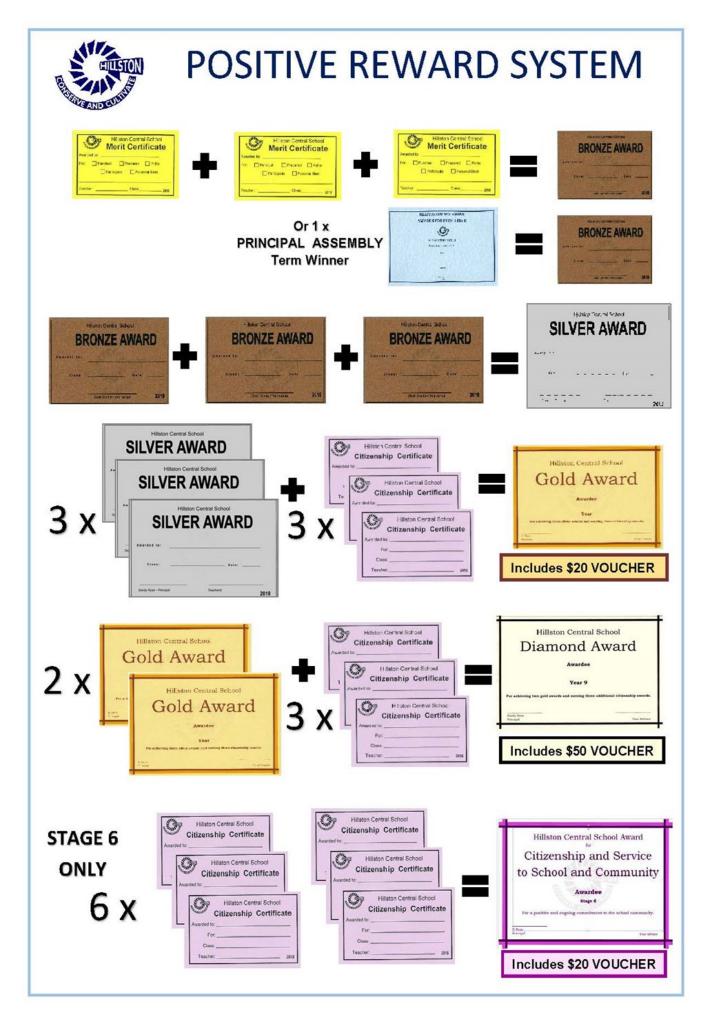
1<sup>st</sup> offence = device handed in to office, collect at home time and student up a Level in our behaviour system.

2<sup>nd</sup> offence = hand in to office and parent contacted for a meeting with Executive to collect device and student up a Level in our behaviour system.

- Persistent misuse of devices in school may result in further consequences for students such as revoking the privilege of bringing digital devices onto school property or other appropriate measure as determined by the Executive in line with the school's discipline policy.
- Other disciplinary action will be taken in cases where students have bullied, threatened or harassed other students or staff via a digital device or where the device has been used to take photographs or display inappropriate material. In cases where it is confirmed or reasonably suspected that a criminal offence has taken place, the matter will be handed over to the police.

## Parent Responsibility

If a parent or caregiver needs to contact a student at school as a result of an emergency, they are required to call the school's main office on (02) 6967 2277 and a message will be sent immediately to the student. If a student needs to make emergency contact with anyone they are to do so through the school's main office.



## **UNIFORM – WINTER YEARS K-6**



## **UNIFORM – WINTER YEARS 7-12**



## **UPDATED CANTEEN PRICE LIST**







## Salad Tubs

	GARDEN SALAD	\$5.00
2	salad leaves, carrot,cucumber,cheese,tomato ADD HAM/ FRESH CHICKEN /TUNA	\$6.50
9	<b>ROAST PUMPKIN SALAD</b> salad leaves, pumpkin,cucumber,onion	\$5.00
2	GREEK SALAD	\$6.00
	salad leaves, tomato,cucumber,onion,olives ADD FETTA	\$6.50
9	SC CHICKEN GARDEN SALAD sweet chilli tenders, salad leaves,	\$7.50

## Sandwiches, Wraps Rolls

carrot, cucumber, cheese, tomato

All sandwiches on grain bread unless you specified. Gluten Free bread available, Other filling options available on request.

e salad sandwich (no meat)	\$3.50
e salad roll (no meat)	\$4.50
e salad wrap (no meat)	\$4.00
e ham salad sandwich	\$4.50
e ham salad roll	\$5.50
e ham salad wrap	\$5.00
CHICKEN (FRESH) SALAD SANDWICH	\$4.50
CHICKEN (FRESH) SALAD ROLL	\$5.50
CHICKEN (FRESH) SALAD WRAP	\$5.00
<b>C</b> SWEET CHILLI CHICKEN WRAP SMALL LARGE	10.1
e ham & cheese sandwich	\$3.00
ham & cheese roll	\$4.00
ham & cheese wrap	\$3.50
<ul> <li>HAM, CHEESE, TOMATO SANDWICH</li> <li>HAM, CHEESE, TOMATO ROLL</li> <li>HAM, CHEESE, TOMATO WRAP</li> </ul>	\$3.00 \$4.00 \$3.50
CHEESE,TOMATO SANDWICH	\$3.00
CHEESE,TOMATO ROLL	\$4.00
CHEESE,TOMATO WRAP	\$3.50
CHEESE SANDWICH	\$2.00
CHEESE ROLL	\$3.00
CHEESE WRAP	\$2.50
evegemite sandwich	\$2.00
ejam sandwich	\$2.00
C TUNA & SALAD SANDWICH	\$4.50
TUNA & SALAD ROLL	\$5.00
TUNA & SALAD WRAP	\$4.00

## **UPDATED CANTEEN PRICE LIST**

A BOARD	<b>Toasties - Sandwiches</b>			
CALL AND	e ham, cheese, tomato toastie	\$4.50		
A Real Provide Providence	C HAM & CHEESE TOASTIE			
	CHEESE TOASTIE			
and the second s	<b>Toasties - Turkish Bread</b>			
	<b>C</b> #1 HAM, CHEESE ON TURKISH	\$5.50		
the life of the life of the	<b>@</b> #2 CHICKEN, ROCKET, C.G CAPSICUM, AIOLI			
	<b>2</b> #3 HAM, CHEESE, SEMI DRIED TOMATOES			
Barn Marchart	#4 CHICKEN, CHEESE, MAYO, ONION			
and the second	<b>@</b> #5 TURKEY, CRANBERRY, ROCKET, CHEESE	\$7.00		
E.	Burgers / Hot Foods			
		.00		
	homemade beef pattie, lettuce, cheese, tomato, beetroo	t, sauce		
A STERIO	OCHICKEN BURGER \$8	.00		
	schnitzel breast,lettuce,cheese,mayo			
	OCHICKEN & BACON BURGER as above add baco			
REST		\$5.00		
colate	veggie pattie,lettuce,cheese,tomato,BBQ sauce	\$4.50		
	CHICKEN & GRAVY ROLL			
TRESS .	SWEET CHILLI CHICKEN TENDER	\$1.50		
		\$3.60		
STORING STORING		\$3.00		
		\$4.00		
RESH		\$5.00		
Strawberry Chocolate		3.80		
FLAVOURED		4.60		
MILK		CENTS \$4.00		
	ONOODLE CUP Chicken or Beef	\$3.00		
Extension of the second s		44.44		
e mini vegemite roll (small)	60 CENTS			

2	MINI VEGEMITE ROLL (SMALL)	60 CEN	ITS				
D	HOT BREAD (CHEESE & BACON)	\$1.80			<b>Snack Foods</b>		
9	ASSORTED SEASONAL FRUIT	FROM	60 CENTS	5	offact I tous		
0	HEALTHY FRUIT MUFFIN	\$1.50					
9	SNACK PACK	\$3.00	rice crac	kers,ca	arrot,celery, sweet chilli philly		
9	POPCORN HOMEMADE	80 C	ENTS				
9	FRUIT SALAD	SMAL	L \$2.00	LG	\$4.00		
9	ADD YOGHURT	SMAL	L \$2.50	LG	\$4.50		
9	ADD YOGHURT & MUESLI	SMAL	L \$3.00	LG	\$5.00		
9	RAISIN TOAST 1 SLICE	60 C	ENTS				
0	GRAINWAVES 28 GRAMS	\$1.60	Sour Cr	eam &	Chives		
D	CHIPS 28 GRAMS	\$1.60	) Plain				
Cold Drinks / Icy Poles							
	JUICE POP TOP 100% JUICE 250 ML		\$2.20		e, apple, apple & blackcurrant		
2	MILK - PLAIN 300 ML		\$2.00				
MILK - FLAVOURED 98.5% Fat Free 30		a second s					
		250ml		grape,	raspberry, watermelon, orange		
3	UP N GO LIQUID BREAKFAST		\$3.50				
-	WATED 600 MI		\$2.00				

CWATER 600 ML\$2.00CBERRI FRUIT JUICE QUELCH / TNT ICY POLE60 CENTS

### **Primary Dismissal Time**

Primary School finishes at 2:50pm, please pick up children promptly from Moore St. Students who do not travel by bus are required to leave school

grounds at 2:50pm. If for any reason you require your child to stay behind until 3:25pm, please contact the Front Office.

If your child travels by bus to and from school they will remain on Slab (play area near basketball courts and sandpit area closest to Moore St.) for supervised play until the bus collects them at 3:25pm.

### School Bus

School buses collect HCS students from Moore St at about 3:25 each afternoon.



Please note that if your child is going to be taking a different bus to their usual route, they must have a letter from you for the driver. Bus drivers will not allow children onto different routes without a parent/carer letter. This also applies if your child does not usually take the bus and is going home on the bus with a friend.

Students should be aware of and comply with bus rules.

Parents are encouraged to communicate directly with your bus driver or the company with any concerns about bus travel.

#### SCHOOL HOURS

Primary: 8:55am-2:50pm Secondary: 8:55am-3:25pm Students are welcome onsite following the morning bell at 8:30am.



### **Absences and Attendances**

In New South Wales, 'compulsory school-age' means that all children from six years of age are legally required to be enrolled at and attending school until they complete Year 10, and until they turn 17 years of age.

Parents or carers are responsible for making sure that their children comply with these legal requirements. Schools support parents by monitoring student attendance and helping to address attendance issues when they emerge.

Regular attendance at school is essential to assist students to maximise their potential. Should your child be absent from school, please ensure a note is sent with your child to their class teacher (Primary), Year Advisor (Secondary) or front office on return to school, giving reason for absence. Alternatively, you can call the front office at the school to explain the absence or submit a notification on the Skoolbag app or the Sentral Portal. If your child is away for a few days you should try to bring a Doctor's Certificate.

If your child is to be absent for 4 days or more please see the office to obtain an "Application for Exemption" form prior to your departure date. If the absence is for 3 weeks or more parent/ guardians must have an interview with the Principal. Parents/ Guardian must complete the appropriate forms from the Department of Education and provide a letter explaining the reason for absence.

Arriving Late or Leaving Early – If arriving late students must present at the office. Students are not permitted to leave the school grounds during school hours without written permission or they are collected from the front office by their parents/carer. On the rare occasion that leaving early is necessary, a note signed by a parent/carer indicating reason for early departure should be handed in to the office by 9am.

Administration Office hours: 8.30am – 3.30pm Monday – Friday.

### School Hats

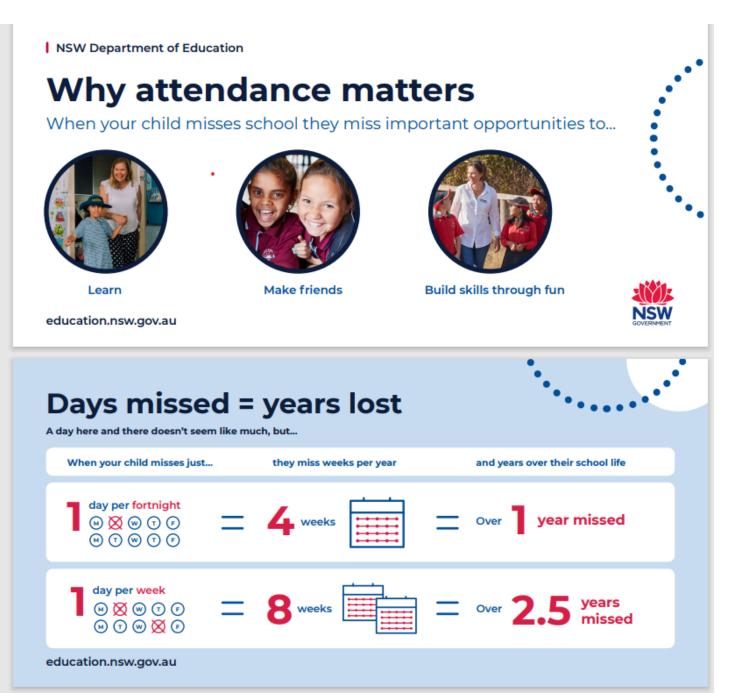
School hats are available from our Front Office for \$20 each. We have a variety of styles and sizes including bucket, widebrim, caps and flat brim.



#### AEROSOLS

A reminder that aerosol sprays including deodorant and insect repellents are not permitted at our school.















# **COMMUNITY NEWS**

## Murrumbidgee Local Health District: <u>FREE Dental</u> Visits HILLSTON monthly

For enquiries or to make a dental appointment call our FREE number: **1800 450 046** 

Monday to Friday 8:00am – 4:15pm (excluding public holidays)

## How will our Dental Services help you?

FREE general and preventive dental care is available at NSW Public Dental Clinics for:

All children under 18 years of age. Adults who hold any of the following current Centrelink concession cards: Pensioner Concession Card Commonwealth Seniors Healthcare Health Care Card

Anyone listed on your card is also eligible for free public oral health care. All patients must be eligible for Medicare and should have a valid Medicare card. For Medicare information call **13 32 54.** 



## Nutrition Snippet

## AUTUMN FRUIT AND VEG





### Try these recipes

- Stewed apples and sultanas
- Zucchini and cheese arancini
- Eggplant tagine

For these recipes and more visit: healthylunchbox.com.au

